

This week's issue of NYC Lifestyle kicks off Women's History Month, a time set aside to honor women's contributions to American society. In honor of this month-long celebration we've assembled a collection of events, movies, books and more.

# Getting Acquainted with Women's History Month

Curious to learn more about Women's History Month and how it came to be? Check out this article from The Oprah Magazine to learn why we celebrate women's history in the month of March. Enjoy the inspiring featured video of women of color at Hearst Magazine reclaiming this female celebration.

#### The Best Female-Directed Movies

Celebrate women in the arts by indulging in some of the greatest movies by female filmmakers. This list from *IndieWire* captures a wide range of genres directed by women over the years including award winning titles like "Little Women," "One Night in Miami," and "Nomadland."

# Celebrating Women's History in NYC Parks

New York City is rich in cultural history. As the weather gets warmer, consider visiting local monuments and parks recognizing women who helped shape public outdoor spaces around the city. Visit the <a href="NYC Parks Department website">NYC Parks Department website</a> for a list of destinations, virtual and outdoor events.

### **Books by Women Authors**

Dive into these top-rated books to celebrate incredible female authors throughout this month and beyond. This list from Huffington Post features New York Times bestsellers including "Little Fires Everywhere" by Celeste Ng, "The Hate U Give" by Angie Thomas and so much more.



#### **Shop Women-Owned Brands**

Did you know that there are more than 11 million women-owned businesses in the United States that support almost 9 million jobs?

Check out this list of women-owned businesses including familiar brands like S'well, Glossier and Thrive to show your support.

# **Empowering Women-Owned Businesses**

The New York Small Business Development Center (NYSBDC) has partnered with the Queens College Outreach Center to present Women's History Month: Empowering Women-Owned Businesses, a free online event featuring discussions about women's business experiences, networking opportunities and resources for women-owned businesses. The event takes place on Thursday, March 18 at 9:30 a.m. and participants can register here.

#### **Google Doodle**

Celebrate International Women's Day with the Google Doodle! Google often adds a fun spin to their logo to celebrate holidays, anniversaries and the lives of famous pioneers, scientists, artists and more. Check in on Monday, March 8 for some interactive and historical content.

# #ChooseToChallenge

The theme for this year's International Women's Day is *Choose to Challenge*, because from challenge comes change. This theme encourages everyone to call out inequality and gender bias to help create a more inclusive world. If you are interested in participating in this global celebration, post a picture of yourself on social media with the hashtag #ChooseToChallenge. Learn more about this year's theme here.