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From pumpkin spice lattes and harvest beers to pumpkin picking events and pumpkin spice lattes, pumpkin season is in full swing and we're all about it! This week's edition of NYC Lifestyle is dedicated to all things pumpkin and offers some of the best events and autumn recipes to celebrate our favorite gourd.

NYC Lifestyle

It's Pumpkin Season!

Queens Botanical Garden's Annual Pumpkin Patch

One of the most popular pumpkin patch events in the city returns to [Queens Botanical Garden](#) this weekend. Kids can choose their own pumpkin and a grab-and-go craft activity to take home. For the adults, there will be pumpkin beers and fall ciders for purchase. The event is guaranteed to sell out, so [reserve your spot soon](#).

Pumpkin Decorating at Sahadi's Industry City

[Sahadi](#), Industry City's Mediterranean specialty café and grocery store, will host socially distanced pumpkin decorating parties for kids on October 23 and 24. [Tickets include](#) a pumpkin, art supplies, hot apple cider, and a goodie bag. For the parents, the bar will be open with coffee, cocktails, beverages and light fare.

Make Pumpkin Spice Truffles with Kahow

[Kahow](#), a Dominican chocolatier based in Williamsburg, Brooklyn, invites you to join their coco-specialists for a truffle making class. What's on the menu? Pumpkin Spice chocolate truffles – an ode to Halloween. There are multiple classes through the end of October and guests are encouraged to bring their own bottle of wine or beer. [RSVP here](#).

Central Park's Pumpkin Flotilla at the Harlem Meer

On October 28, Central Park will launch New York's [largest Jack-o'-Lantern flotilla on the Harlem Meer](#), a body of water located in the northeast corner of the park. Guests are invited to drop off a carved pumpkin for the flotilla and find a spot at the water's edge to watch the boat launch. [Click here for more information](#).



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The Origin of the Pumpkin Spice Latte

Have you ever questioned the origin of the polarizing pumpkin spice latte? The culture editors at Bustle asked the same question and discovered some surprising facts behind one of Starbucks' all-time popular drinks. [Read the full article here.](#)

Healthy Living: At-Home PSL

[Popsugar](#) invites you to whip up a healthier, dairy-free pumpkin spice latte (known as PSL by Gen-Z) at home with [this easy 6-ingredient recipe](#). We tried it with Cashew milk as the base and cracked open the fancy maple syrup sitting at the back of our kitchen cabinet – and honestly, it was pretty good! If you don't have pumpkin spice, [make your own with Pioneer Woman](#).

Pumpkin Beers: Best of the Best

Not all pumpkin beers are a dessert in a bottle. Artisan ales from Elysian, Tröegs and Two Roads breweries are made with care and in extremely limited batches. [Click here for Thrillist favorites](#) then head over to [BeerMenus](#) or [Untappd](#) to locate the best beers in your neighborhood.

Chocolate Covered Halloween Doughnuts

The perfect doughnut is like a bundle of joy. Make the whole crew smile with these [Halloween-inspired chocolate pumpkin doughnuts](#). The recipe has a lot of steps, but is fairly simple. Just make sure you have a [doughnut pan](#) to accomplish the signature ring shape.