



NYC Lifestyle

Celebrating August

In addition to soaking up the final days of summer, August is packed with reasons to celebrate. From Creamsicle Day to Internet Self-Care Day, these lesser-known holidays will inspire you to make the best of a scorching August in New York City.

Creamsicle Day | August 14

Creamsicle Day could not have arrived at a better time. [Try out this twist on a Creamsicle cocktail](#) using whipped cream vodka or head over to the grocery store for ingredients to make [Food Network's giant Creamsicle cake](#). Whatever your choice, it's guaranteed to be delicious and refreshing.

Photography Day | August 19

[Fotografiska](#) near Gramercy Park is one of the largest curated photo galleries in New York City, making it the perfect place to spend Photography Day. The gallery spans five floors featuring the work of artists, journalists and creators from around the world.

Roller Coaster Day | August 16

Happy Roller Coaster Day! Now is the perfect time to make the trip to Coney Island you've been thinking about all summer. The [Luna Park Cyclone](#) just celebrated its 95th birthday and remains the world's second-steepest wooden roller coaster. For a weekend trip, peruse [TimeOut's favorite theme parks](#).

Internet Self-Care Day | August 21

When's the last time you practiced a little self-care? Internet Self-Care Day was founded to promote the plethora of online resources available to help you give back to yourself. Culture and lifestyle blog [Amodrn gathered this list](#) of destinations, products and resources for some much-needed TLC.



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Plant Milk Day | August 22

With all the ingredients for plant-based milk right in your cupboard, you'll never be out of milk for your morning coffee again. There are many bases to pick from including almonds and cashews, but we went with oats because it's safe for people with nut allergies. [This recipe](#) is simple-blend, strain and enjoy!

Dog Day | August 26

If you're looking to switch up your dog's daily routine, [check out this list](#) of the 12 best dog parks in New York City. A-Z Animals has ranked the parks by operating hours, fencing, size, rules and conditions like mud or dust. Another major factor included is seating and shade for you!

Waffle Day | August 24

Your options when cooking with a waffle iron are endless, so we've put together a day's worth of recipes for the holiday. Start your day off with [hash browns and eggs](#) (waffle-style), then make the best [grilled cheese](#) for lunch, and finally, why not have a [waffle cheeseburger](#) for dinner? Amazing – we know!

Women's Equality Day | August 26

In honor of Women's Equality Day, immerse yourself in the history of women's equality, along with current day activists creating change. [This reading list](#) is a great place to start, as it includes [The Bluest Eye](#) by Toni Morrison and *New York Times* bestseller [Hood Feminism](#) by Mikki Kendall.